



VAIL SCHOOL DISTRICT ELEMENTARY LUNCH MENU JULY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>16 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Italian Sub</p>	<p>17 Meat & Grain Chili Frito Pie w/Dinner Roll</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Salad w/Dinner Roll</p>	<p>18 Meat & Grain Breakfast for Lunch Whole Wheat Pancakes and Turkey Sausage Patties Cheeseburger</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p>19 Meat & Grain Cheese or Pepperoni Pizza</p> <p>BBQ Pulled Pork Sandwich</p> <p>Turkey & Cheese Wrap</p>	<p>20 Meat & Grain Orange Chicken w/Brown Rice</p> <p>Turkey Hot Dog</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Ranchero Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Corn Fruit 1% or Fat Free Milk</p>
<p>23 Meat & Grain Cheese Enchiladas</p> <p>Grilled Cheese w/Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p>	<p>24 Meat & Grain Spaghetti & Meatballs</p> <p>Chicken Nuggets w/Dinner Roll</p> <p>Buffalo Chicken Wrap</p>	<p>25 Meat & Grain Beefy Nachos</p> <p>Chicken Patty Sandwich</p> <p>Chicken Caesar Salad w/ Dinner Roll</p>	<p>26 Meat & Grain Chicken Nuggets & Waffles</p> <p>Cheeseburger</p> <p>Chef Salad w/Dinner Roll</p>	<p>27 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Whole Grain Bean & Cheese Burrito</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Cauliflower Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Tater Tots Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>
<p>30</p> <p>SCHOOL CLOSED</p>	<p>31 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Sun Butter & Jelly Sandwich</p>		<p>Nutritional information is available at the Food Service Office.</p> <p>Menu subject to change w/out notice.</p>	<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, MUST Be Fruit or Vegetable</p>
<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>				

School lunch provides 1/3 of the average daily calorie needs for kids by age.

All grains offered are Whole Grain Rich. Items included are: pasta, breads, buns, tortillas, dinner rolls and all breading used on food items.

All lunch meals also include our self-service fresh veggie bar and condiment table.

Our menu is Trans Fat Free!

“This institution is an equal opportunity provider.”